

Bonds Bounced

The San Mateo Junior College District Bond Issue has failed receiving 101,441 "yes" votes and 102,014 "no" votes. A 2/3 plurality vote was required for passage. Hardest hit by the bond failure is the Skyline campus which will be without a student center including a library, cafeteria, book-

store, and student government offices. Our own Cañada campus will not grow much past its present capacity with the postponement of construction of various classroom buildings and the Automotive Technology Center.

Still No Name

Congratulations! This is the fifth issue of this publication, and still none

of you have come up with an acceptable name for it. Please don't make us be the Cañada Newspaper forever. We don't like it either. Anyone having suggestions, PLEASE bring them to our office, 17-112.

Drama Auditions

The drama department will be holding auditions for the presentation of

Leroi Jones' "Under Milkwood" in the near future. Credit can be earned for participation in Drama department productions.

Don't Go

If you're already dreading getting up early Monday morning for school, don't. Monday, Nov. 11, is Veteran's day, a national and school holiday.

The Cañada Newspaper

VOL. 1, NO. 5

REDWOOD CITY, CALIFORNIA

NOVEMBER 8, 1968



Kicking up their heels along with their mascot Yuccabuck are the Colts first Cheerleaders. Left to right are Kathy Conboy, Paulette Hooper, Orvis Davis, John Samuelson and Chris Brahy.

Photo by Phil Demosthenes

Cheerleaders, PomPon Girls Mascot Chosen by Students

Berkley has the Bears, Stanford has the Indians, and now Cañada has the Colts! Cañada's school spirit team also has six new pompon girls and five

eager cheerleaders in harness with the mascot, all chosen in a school-wide election October 29.

Colts easily outran a flock of Doves, a group of Eagles, a herd of Cows, and a few persistent Aardvarks to become the school mascot in a run-off election October 24. Colts will be the nickname for all Cañada sports teams. The mascot will appear at various rallies and half-time ceremonies, and will generally serve as a rallying point for school spirit activities. The actual mascot will be two students in a Colt costume, rather than a real animal.

Becky Christianson, Sue Damante, Diane Epstein, Jean Riddell, Laurie Ryan, and Karen Schooley are Cañada's first pom-pon girls, while Chris Brahy, Kathy Conboy, Orvis Davis, Paulette Hooper, and John Samuelson will handle the cheerleading duties and lead the Colt rooting section.

The cheerleaders and pom-pon girls will appear at athletic events and miscellaneous school functions throughout the year.

Both spirit groups are hard at work creating cheers and developing routines, and are

tentatively scheduled to make their first formal appearance on campus at the Vets' Club dance on November 15.

The Cañada Colt will be a horse of a different color, with forest green, light old gold, and white as the colors of uniforms, pom-pons, banners, and outfits.

'No Exit' Opens Dec. 12; First Drama Production

Rehearsals are underway for the drama department's first production — Jean Paul Sartre's "NO EXIT." The play will be presented on campus December 12, 13, and 14.

The production class and staff have been able to move into their newly completed workshop, and November 15 has been set as the date other drama classes can take over Cañada's unique new theater.

The premier performance on the 12th will be an 11 a.m. matinee, free to all student body members. Evening performances on the 13th and 14th will also be free to students with a 75-cent admission price for all guests and non-students.

Voters Approve New Constitution

Students on this campus approved a constitution by popular vote on October 24. The document, which was formulated by Dean of Men James Wyatt's student government class, is similar in many ways to the constitution presently in use at the College of San Mateo. Constitutions of City College of San Francisco, De Anza and Foothill were also referred to in formulating the document.

The final draft of the ratified constitution, which consists of 14 articles, went into effect immediately following the vote.

The approval of the constitution was accepted by the students with mixed emotions, as many felt that it was snuck onto the ballot that was promoted as being for the election of mascots only.

Although there were 10 copies of the constitution available for perusal by the entire student body, some students resented not being notified of the situation until election day, at which time the daily bulletin made mention of its availability.

Wyatt commented on the lack of publicity by saying, "Part of our problem is that the spirit committee handles one thing, the constitution committee another, and the election committee still another, and they haven't always been able to coordinate." These committees, incidentally, along with the Political, Social, Clubs, and Cultural Affairs committees

will be abolished after the student body elections, as new departments will be set up by the elected officers.

Two open meetings were held concerning the constitution before the election, but the specific date of the election was not mentioned in any public notice. Because of this many students had not yet read the document, and therefore felt unqualified to vote on its ratification.

Passage of the constitution cleared the way for the election of student body officers, an event that will take place later this month.

These elected officers will constitute the student council, as specified in Article III, Section 1. This means that in order to be a member of the council, a student must either be a president of the student body, an association, one of the classes, ICC, vice president or treasurer of the student body, or controller of activities.

Section 8 of Article III stated the duties of the elected officers. It is stated in this article that the president has the power to remove any officer of the Associated Students from office with a two-thirds vote of the student council. Although the student body may appeal the decision, it is possible for the impeachment of the officer to take place without a popular vote.

produce more dramatic effects.

With a planned schedule of plays including "UNDER MILKWOOD" by Dylan Thomas and "DUTCHMAN" by Leroi Jones the drama department finds it has many openings in both acting and technical aspects of production. Opportunity to participate and earn credit is open to all students. Interested students should contact either Mr. Lepisto or Mr. Ellet, college drama instructors and advisors located in Bldg. 16-207.

Beyond the one presentation planned for this semester five programs are in the works for the spring semester.

Vets' Club Dance Due

The Stained Glass, of Capital Records' fame, will highlight Cañada's first on-campus dance on Friday night, November 15, along with the Hodological Mandala and an all-night light show by the Negative Earth.

The newly elected cheerleaders and pompon girls will also make an appearance at the Veterans' Club-sponsored event, which will cost \$1.75 "stag" or \$3 "drag." Vets Club President Rick Vukelich advises that tickets are now on sale in the Student Activities Office and that the evening will be "more than worth the price" for those attending.

The dance will be open to all Canada students and their dates in the soon-to-be-completed campus center from 9 p.m. until 1 a.m. Greg Mahoney and Russ Shannon are co-chairmen for the event.

Editorial

Secret Ballot Really Secret!

The Associated Students of Canada College has become a reality. We are joined together by a constitution passed by popular vote on October 24, much to the surprise of many students. The surprise was not that it was passed, but that it was even on the ballot. Until the day of the election, no mention of its placement on the ballot had been made. True, copies of the document were available, but we feel that more students would have made an attempt to get a copy if a date for ratification had been announced. The end result was that a great many students voted on a document that they had never even read.

To criticize the student government class for the lack of publicity is not really important, as they will no longer be responsible for the elections as soon as the student body officers are chosen. We only hope that those who are elected to student body offices learn from the error, and in the future, make a better attempt at informing students of items on the ballot before election day.

D.C.

Policy On Endorsements

The student body elections are scheduled for October 26, and we of the student newspaper wish to make it clear that we reserve the right to support any candidate, party or issue in a signed editorial. However we offer all candidates, parties and supporters of issues not endorsed by this publication equal space on the same page, as we are the only newspaper on campus.

The Open Window

By Gene Greer

Hearing of recent controversies flaming in a nearby community, your dauntless spectator took pen in hand and ran out for a first hand look.

My arrival went unnoticed in the midst of an impromptu debate between two leading citizens, Whitey V. (for Vocalmind) Upright and Blackie T. (for Thinkoutloud) Uptight. They were standing in the middle of the stage with one arm around each other. Without comment I bring you excerpts from the dialogue.

UPRIGHT: Look, brother, let's try to reason together and understand each other and maybe we can solve problem X.

UPTIGHT: I agree, brother. We've got to hang together or we'll all burn separately. My people took over Hell Hall because that's all we had left. We were up against the wall, and nobody would listen to us.

UPRIGHT: Yeah, and the police kicked you out and beat your heads in because you were breaking the law and trying to beat THEIR heads in. What else could they do? You wouldn't listen to them. They were up against the wall.

UPTIGHT (stepping away a bit): They were breaking white man's law. We don't buy whitey's law. We've got a cause and feel a moral obligation to support it.

UPRIGHT (stepping away a bit): But that's the law, you clod. You can't go around deciding which laws suit you best. What if everyone did that?

UPTIGHT (Stepping back, somewhat angrily): Look, white man, what the hell else we gonna do?

UPRIGHT (Back more, angrily): Work within the system, black man. It's the only way.

UPTIGHT (Angrily): I've heard that s--- too many times before, honky. We want action and we demand it NOW. You and your damn honky culture can go to hell! We ain't gonna swallow it!

UPRIGHT: You'll have to swallow it, nigger. That's the way it is. You and your damn nigger culture can go to hell! We ain't gonna swallow it!

UPTIGHT: You fascist! You're just like all the fascists.

UPRIGHT: You Commie! You're just like all the commies.

UPTIGHT: You're a no-good pig! You and all of your phony white society. You've invented phony values and won't listen to ours.

UPRIGHT: (vehemently): Why you miserable close-minded pig! You think that your own values are better than ours. Who the hell gives you the authority to say that?

UPTIGHT: Well it sure ain't your lousy honky culture. They won't give us nothing, you honky fascist imperialist pig!

UPRIGHT: Why I ought to crown you with a billie club, you low-down inferior nigger commie pig!

UPTIGHT (backed up against the wall): I hate you, pig! Grunt. UPTIGHT (backed up against the wall): I hate you too, pig! Grunt.

UPTIGHT: Hate hate (grunt) hate.

UPRIGHT: Hate hate (squeal) hate.

UPTIGHT: Squeal, oink, quack, grunt.

UPRIGHT: Quack, squeal, grunt, oink.

The scene began to get a bit violent at this stage, so I exited hastily, secure in the knowledge that with a good dialogue and understanding such as these citizens had shown we could perhaps one day reach our great society. Our tolerant human nature wouldn't have it any other way.

INQUIRY:

Where's It At?

By Colleen Burke

Who do YOU think knows "where its at?"

Chris Klett, psychology, 18: "I would say our political leaders — Ted Kennedy. As far as political leaders, that's it. Students on the whole at this school know where it's at. Paul Paulsen, I really like him. We need humor."

Stan Schwalm, forestry, 18: "I don't think you can confine it to any one person. So many people today are a part of the world, and really get around. The Beatles tell you something. "Time" magazine has it."

Madalyn Jacobs, elementary education, 17: "I think the Hippies and black people know — just blacks in general. I like the black movement."

Lee Holmberg, liberal arts, 18: "That's a way out one. I'd say the McCarthyites. They're not trying to destroy, but reform society. They're seeing it in a young way — we need that now."

Sharon Whitlock, liberal arts, 18: "It's hard to tell, really. There are so many different things going on. Not everybody knows everything. Senators know how things are. No, not anyone in particular."

David Alzofon, art, 18: "I don't know if anyone knows where it's at. Some people know where its at for somethings. Bob, a guy I know — can't give his last name because he's a fugitive, knows. Kenneth knows. He knows people's games very well. He lives on the subsistence level. He knows the meaning of ideals like compassion, generosity. He knows where things break down."

Cañada Student Staffers Take Journalism Awards

Two members of the Cañada Newspaper staff, Joyce Maguire and Phil Demosthenes, won honors at the Nor-Cal Journalism

Conference, held at Contra Costa Junior College on November 26. Represented were 28 Northern California Junior Colleges.

Miss Maguire, working with Advertising Layout; and Demosthenes excelling in Photography, both received third place awards in their specialized fields.

Guest lecturer at the convention was Charles Schultz, creator of the Peanuts comic strip. Schultz's talk centered around his lifetime experience as a cartoonist, and he illustrated his talk by drawing the familiar "Peanuts" characters.

After Schultz's talk, students entered contests primarily based on his presentation. Contests included news, editorial, and feature writing as well as photography and ad layout.

Baez Here Nov. 12th

In recognition of National Draft Resistance Day, November 14, the Cañada branch of the Resistance will host a series of lectures concerning all aspects of the organized opposition to the selective service. Those students who are not familiar with the movement will have a chance to acquaint themselves with it.

On Tuesday, November 12, Resistance leader David Harris will return to Cañada, this time accompanied by his wife, Joan Baez. The lectures will be held in 13-104, as they will be when Roy Kepler speaks on Wednesday, November 13.

Ransom Attacks US Businesses

Peace and Freedom Party Congressional candidate David Ransom charged American "corporate capitalism" with failing to solve the "bread and butter" problems in the nation in a noon-hour speech to a roomful of Cañada students October 28.

Ransom, editor of the radical Mid-Peninsula Observer, opposed Urban Whitaker (D) and Rep. Paul N. (Pete) McCloskey, (R-Portola Valley) in the November 5 general election in the 11th Congressional District. Whitaker and McCloskey spoke on campus the week before in separate appearances.

Ransom hit American big business' economic imperialism

in the Pacific area, charging that such Bay Area businesses as Stanford Research Institute in Menlo Park support such interests. Capital investments in such Pacific countries as Japan and Australia are making these nations economically dependent on the United States, Ransom believes.

The candidate asserted that Bay Area big business' policy of large-scale investments in foreign economies hinders the solution of such pressing domestic problems as adequate housing, education, and medical care in San Mateo and Santa Clara counties — basic problems which big business should help to alleviate.

Meet Mark Lewis: Artist Digs People

By Karen Boyajian

Mark Lewis is one of the 2000 faceless, but fascinating students who pass through Cañada's courtyard everyday.

I had no idea as I walked out of the journalism office searching for a subject that I'd find a person as interesting as Mark. That is, if you think traveling, art, an ambition to teach, and a general love for people are interesting characteristics.



MARK LEWIS

Photo by Karen Boyajian

Mark's enjoyment centers around people, but he claims to be a "chicken at heart". He's hesitant to go out and meet them. His experiences don't bear this out, however, as his travels prove.

Spending the summer on board a Norwegian freighter traveling around Japan, Mark experienced something a little out of the ordinary. But with all the glamour of travel and sailing Mark feels that the most rewarding part of his trip was

meeting people. An example of this is Mark's correspondence with a Japanese Art student he met on this cruise. Mark has also traveled through most of the United States and Mexico.

Art, another important part of Mark's life, centers around painting. It's one of his loves, and although he doesn't sell his work he gives his paintings to people as gifts. He feels that he is not only saving himself a lot of money, but this type of gift is "giving a part of himself".

Mark's most treasured possession is a nondescript dog — a 35 cent "Old Mutt", who tags along with him almost everywhere he goes.

Dropping school, is something Mark doesn't want to do, but faced with the opportunity of sailing to the Virgin Islands within the next couple months, Cañada may be losing Mark to the sea — picking up school again when he returns.

So be receptive — don't be surprised to be sitting in the courtyard or anywhere else on campus and have a complete stranger walk up to you and say: "Tell me about yourself!" Your fellow students are not only enjoyable, they're all around you.

Letter to The Editor

The comments attributed to me in the October 25 issue of the CAÑADA NEWSPAPER were communicated to the student reporter only after I had specifically assured him that I had committed myself to withholding such information from publication.

(Editorial Note — This letter is in reference to the article entitled "Activity Cards Unconstitutional" on page 4 of the last issue.)

Signed,
Ken Crockett
English Division

Cañada's Library Opens; Cafeteria Due Next Week

The Student Activities Center is gradually reaching completion. The library is now open and the audio-visual center and bookstore facilities should be completed this week. The dining room is tentatively scheduled to open next week.

The 13,000 volume library is open every day from 8 a.m. to

Students Hear Poet

Holy Moly (a Momentary Stay From Confusion) hosted speaker Mrs. Margot Bullock yesterday. Mrs. Bullock, a former student of Cañada professor Erwin Jose, has had some of her poetry published. Jost describes Mrs. Bullock as a "genuine artist," who sculps and writes. He related some note-worthy points of her background, as far as her interpretation of life. She fled Nazi Germany with her parents, and also spent an entire summer on a Swedish ship — the only female on board.

Last week found Holy Moly-goers reading their own selections — a break in the routine of having more renowned authors reading.

Students reflected both their individual and universal feelings toward life, both in explaining their works and in the selections themselves.

4:30 p.m. Wednesday and Thursday nights it is scheduled to be open til 9:30 p.m. Complete reference service is available at all times. At present the study capacity of the library is 102.

The completed library will be housed on two levels. On the first level will be the book shelves, study area, periodicals, and check out area. The second floor will house the audio-visual center and bookstore. It will be equipped with 98 listening stations (including 12 language labs), four microfilm readers, nine typewriters, and 90 carrels.

Over 300 periodicals are already on file. According to Dr. Amerigo Ciani, Chairman of the Library and Audio-Visual Services, there will be about 52 different periodicals up to five years old on microfilm.

"All the books in the library are carefully chosen and up to date. There is no dead wood here," states Ciani. He points out that Cañada students are also encouraged to use the CSM library. Eventually there will be room for 34,000 volumes at Cañada.

The dining room is tentatively scheduled to open early this month. The olive and white room provides separate tables that will seat a total of 320 students. Caterers will supply food until the cafeteria kitchen opens in mid-December.

When completed the kitchen will be a training center for the food technology class guided by Mr. Robert Walker, food technology instructor. The kitchen will be under direction of a full-time chef and cafeteria personnel. "The food we serve from our kitchen will be top quality -- none of this run-of-the-mill cafeteria food," says Walker.

The dining room will have stacking tables and chairs which can be removed to make space for 700 people. It is also possible to slide in partitions which can divide the room into two or three sections so that events can occur simultaneously.



There's plenty of room to study when the doors of the new Cañada Library swing open every morning at 8. Over 13,000 volumes are now ready for student use.

Photo by Phil Demosthenes

Spectrum Open to Everyone

Student Spectrum is for you if you happen to be irritated by the controversy over P.E. clothes; interested in starting a College Readiness Program; happen to be a young man facing the draft; think there's a threat of Communist infiltration on campus; dig discussing socialism, facism, or capitalism; or have any interest in politics, education, and culture.

Spectrum is for the people. There's no restrictions on becoming a part of Spectrum. Anyone is welcome. Any ideas are welcome. Absolutely no ideas will be ignored because they are wishes of the people.

"Spectrum is not a club," emphasized member Ted Aune. There are no regular club proceedings, officers or memberships. A temporary chairman is appointed for each separate meeting to keep order. Any interested student wanting to discuss, criticize or debate Spectrum is for you.

Last Friday Spectrum turned to the political front as a special

election meeting was held, giving candidates in the upcoming campus elections a chance to gain the support of Spectrum. Those supported candidates want to make Cañada a worthwhile campus.

Among those supported is Ted Aune, running for the office of President. Tom Geary, bidding for Vice-President. Hank Rennick, running for Chairman of the Inner Club Council. Rick Tofanelli, trying for treasurer. Julie Groves, bidding for Controller of Activities. Bob Shultz is running for sophomore class president. And Dennis Prucell is trying for Judicial Counselor.

Spectrum will not support those candidates who totally deny any faction of the campus.

Spectrum's purpose behind the support of these candidates, is to find worthwhile candidates for office and to help them be victorious.

Future plans include bringing a draft counselor on campus and the discussing of financial aide.

The development of the Experimental College, the plans of developing other activities on campus, the support of candidates, the discussing of issues, and the welcoming of any ideas are all the things that make Spectrum.

"The philosophy of getting to know people, of getting things accomplished, that's Spectrum!" according to member Ted Aune.

J. C. Bonds Defeated

San Mateo County taxpayers voted down vital funds necessary to continue construction in the county's junior college system. Fighting for space on a long and complex November 5th ballot, the tax bond issue would have allocated \$3.1 million to partially completed Cañada College and the proposed Skyline College in San Bruno. \$1.1 million dollars in matching funds, partially consigned by the federal government was also lost in the election.

Passage of the tax bond would have cost the average taxpayer eight cents per month. To prevent serious overcrowding in the district, the tax bond will have to be resubmitted to the public until it is approved. Meanwhile, construction costs continue to inflate.

Cañada could have had an automotive technology instructional center and another academic classroom building at a cost of \$800,000. Various site improvements and the construction of additional physical education facilities will be delayed until funds are made available.

STAFF

Editors - Randy Quirk and Jim Littlefield

Reporters - Dave Collins, John Davis, Jon Funabiki, Mike Harrington, Joyce Maguire, Tom Reilly, Charles Schiele, Erroll Scott, Colleen Burke, Karen Boyajian, Mike Jones, and Gene Greer.

Photographers - Dave Krauss and Phil Demosthenes



Dr. Urban Whitaker speaks to Cañada students

Photo by David Krauss

Candidate Urban Whitaker Speaks Out For Humphrey

Democratic Congressional candidate Urban Whitaker spoke in behalf of presidential candidate Hubert Humphrey before a crowded courtyard during the college hour October 31.

Whitaker, who opposed Rep. Paul N. (Pete) McCloskey (R-Portola Valley) in the 11th Congressional district, called the case for Humphrey's election "overwhelming" and predicted that the election would be thrown into the House of Representatives and would not be decided until January.

Praising the Vice-President's "commitment to peace", the speaker pointed out that "Hubert Humphrey's liberal orientation is exactly what this country needs."

"It's nonsense to say that you

can't get rid of the war by electing a Democrat," said Whitaker, predicting that the war will soon be over. Whitaker is opposed to administration policies in Vietnam.

Warning that "to listen to reactionaries is to invite the revolutionaries," the speaker asserted in regard to future Cabinet and Supreme Court appointments: "We need a man whose appointments we can trust."

Contrary to many critics of the Vice-President, Whitaker feels that Humphrey's connection with the present administration is an asset, allowing a smooth continuation of government programs and activities if he is elected.

ASCC Primaries Set For Nov. 14th

The primary ASCC elections are scheduled for Tuesday, Nov. 19, to narrow the field of candidates for the final election to be held on Nov. 26. Preceding the primaries, a general student assembly will be held Nov. 14 to provide the voters an opportunity to hear the platforms of the candidates running for election.

If there are only two people contesting one office, they will not participate in the primaries assembly Nov. 14. They will face the electorate at the final assembly on the 21st of November. Also at the final assembly will be the remaining candidates; those who survived the primary elections.

Petitions have been available in the student activities office since Nov. 1, and the return deadline was Nov. 7. There has been a large turnout of prospective candidates who have already picked up their petitions and have begun circulating them.

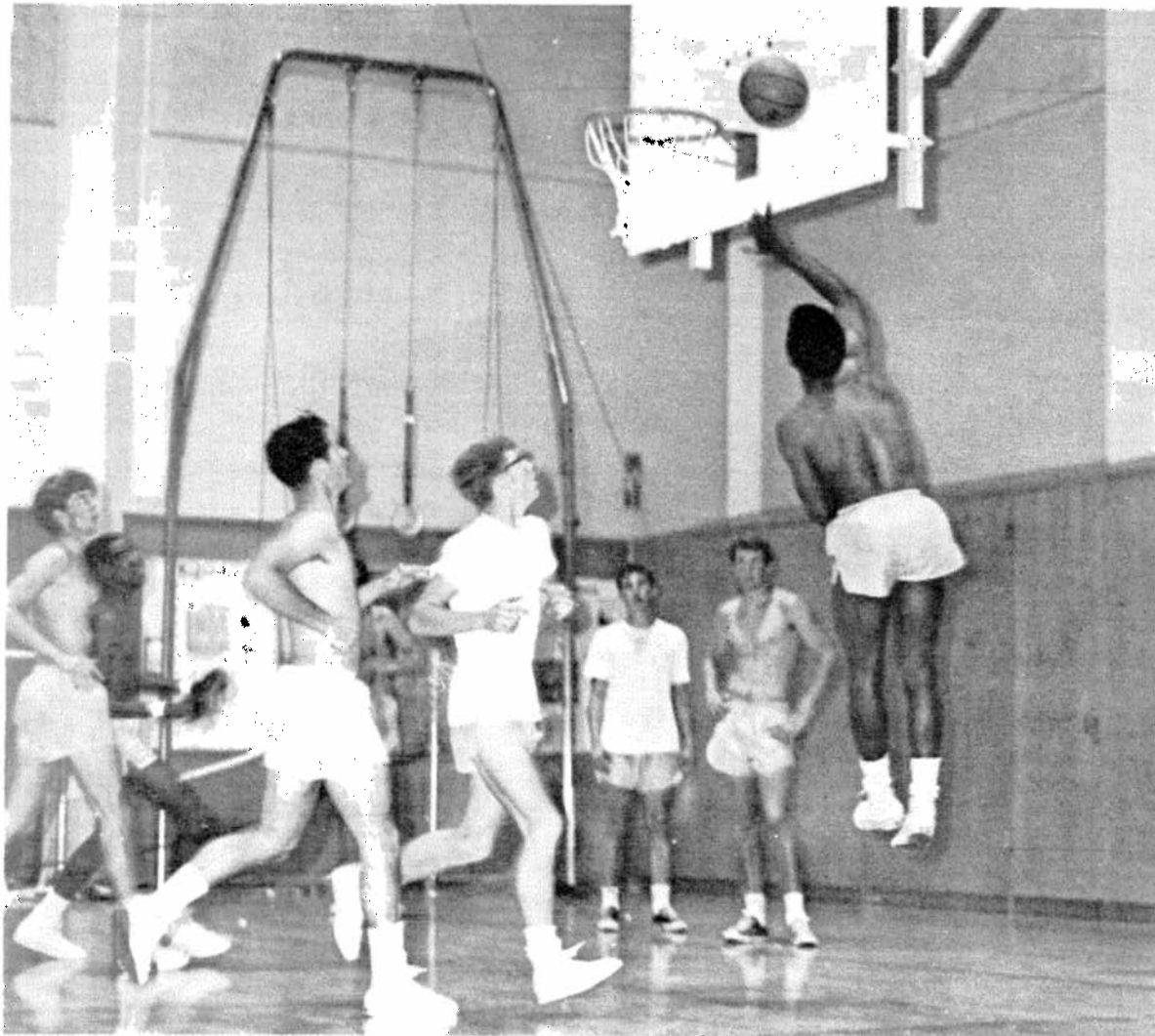
Each candidate must obtain a minimum of twenty-five signatures from genuine

card-carrying ASCC members on these petitions to be eligible to run for office. Also the candidates are required to be carrying at least 10½ units and have a grade point average of 2.25 for the previous semester or the current midterm grades.

There are twenty-five in contention during the up-coming election. They are ASCC President, Vice-President, the President of the ICC, ASCC Treasurer, Controller of Activities, AWS President, AMS President, Recreational Activities President, Freshman Class President, Sophomore Class President, the five seats on the Judicial Council, and the three members for the Student Rules Sub-Committee.

The numerous responsibilities and duties of these offices are enumerated in the Constitution. Copies of a summary of the elective duties are available in the Student Activities Office.

The Nov. 22 issue of the Cañada newspaper will include a special election section.



CANADA'S HOOPSTERS pop one in readying for the season opener against Merced College Nov. 29
Photo by Phil Demosthenes

DREVER OPTIMISTIC

By Mike Jones

Cañada's Colts stampede onto the sports scene for the first time on November 29, when Jerry Drever's hoopsters tip off the basketball season against Merced College on the opponent's courts in the first official sports event to be played by a Cañada team.

The hoopsters will compete in the Camino Norte Conference, meeting each of the other six conference teams twice during the season. Cañada plays over 25 games in all, with 10 contests scheduled on the home hardwoods.

Harriers Hit Hills

Not looking back, Coach Mike Ipsen predicts a good future for the Cañada Cross Country Club which will travel to Golden Gate Park tomorrow to compete in their first AAU meet.

Last week the club met with the Redwood Striders at Stulsaft Park with team member Mike Fitzgerald and Mike Ipsen placing 7th and 8th respectively.

Also scheduled for the club this month is the Sacramento AAU meet on the 16th and the Colfax Invitational on the 23rd.

"We're working hard," says Ipsen, "the big ones come next month!"

The club and Coach Ipsen are looking to next year when they can become a sanctioned school team and hopefully be accepted in the Camino del Norte Conference.

Members of the team are M. Fitzgerald, M. Ipsen, P. SanFilipo, C. Crowell, T. Strickland, D. Pirrell, D. Phillipi, J. Aylesworth, M. Rugge, and B. Esposito.

A cautious Drever is making "optimistic but realistic" predictions. He feels that if the team keeps up the drive that it has had for the last month, they are going to have a good season, and surprise some of the other teams in the league.

Possible starters include 6'2" frosh Bob Brown, from Carlmont, 5'10" frosh Terry Hayner, from Carlmont, 5'10" Bob Esposito, a guard from Sequoia and CSM, big Bill ("Missouri?") Jensen, 6'2" transfer from CSM, and 5'11" freshman Ron Sledge, from Ravenswood. Sledge is a real jumping jack, high jumping 6'3" and long jumping 22 feet as a prep.

Brent Howard, a 5'10" all-SPAL "B" player from Carlmont, and John Kimbark, a 6'2" frosh forward from Bellarmine will also be counted on for help, while Mike Sanchez (the man with the size 10 shoes), a 5'10" sophomore CSM transfer will also take the court for the Colts.

Six foot four inch Frosh, Steve Muser, hails from Woodside, while 5'11" Dick Schreiner and 6' Larry Stamper are freshmen from Menlo-Atherton.

Dell Spiller is a 5'11" freshman who is a great ball handler, Mike Watkins comes to the Colts as a 6'2" frosh dribbler from Canada, (that's a country—without the tilde.) who claims he's here because he likes the word Cañada.

Stringey 6'2" frosh Bill Wheeler was a starter for three years at Sequoia High where he was a member of the SPAL championship team in his junior year, and 6'2" frosh Jeff Wilgus, from San Carlos, was a starter for two years for the Dons and a second-team all-league choice as a senior.

Other Colts include Mike (Mr. Track) Ipsen, who turns out whenever his varied athletic interests allow him time to make practice, and Burney Gant, a transfer from Florida who works out with the team, although the state rules on transfers make him ineligible to play this season. Gant is helping Drever coach the squad in different areas, and is also the official scorer for home games.

The Colts meet sister school College of San Mateo in the Bulldog gym on December 3, in non-league warm-up for Cañada's first home game against Chabot on December 6.

SPORTS PROFILE

Vial Preaches Health

By Randy Quirk

While most of us are huffing and puffing to make it from the parking lot to our 8 o'clock class, physical education instructor Sil Vial is riding his bicycle up Farm Hill Blvd, getting ready to begin another day of exercise and better health.

Better health is not merely a combination of words for Mr. Vial, but a way of life. "There is nothing in the world other than our family more important than our health". His daily routine includes a 20 minute uphill bicycle ride from his Atherton home and a workout with at least one of his classes each day.

Mr. Vial was a 1957 graduate of Serra High School in San Mateo where he played basketball, baseball, and was twice an all-CAL choice in football. From Serra, Vial traveled to the University of Idaho on a scholarship and placed honorable mention all-American

Grapplers Open At AR Tourney

Eight league champions and medalists up from high school should make freshman Coach Sam Nicolopoulos' wrestling team a solid threat when the grapplers open a 20-meet schedule with a six-team tri dual meet at American River on November 30.

"The team is small," says Nicolopoulos, "but looks good, and is going to be coming up against some tough competition."

The Colts will compete in the Camino Norte Conference, and will field an 11-man varsity squad in weight divisions ranging from 115 to unlimited poundage.

Versatile two-time SPAL champions Kunio Boydston, from Sequoia, and shifty Mike Jaugeri, from Woodside, lead off the Cañada lineup at 115 and 123 pounds respectively.

Sophomore CSM transfer Robert Bachus, quick Jim Shields, league placer from San Carlos, and Steve Metler, from Woodside, will be fighting for the top spots in the 130 and 137-pound divisions, while SPAL champ Stan Calkins, from San Carlos, backs them up at 145.

Stocky SPAL champ Ray Sewell and up-and-coming Steve Olson, both from Sequoia, will wrestle at either 152 or 160.

Former (1966) SPAL crown-holder Ray Skeen, from San Carlos, returns to the mats at 167 after a two-year hitch in the service.

John Penati, Gay Teply, and SPAL medalist Tom Peadon (all from San Carlos) will be knocking heads at 177, although Peadon, who Nicolopoulos calls "a good leg rider", may move up to 191, shoving big Frank Enriquez, league placer from Sequoia, up to Unlimited.

The Colts are working out on the San Carlos mats until the Cañada gym is completed. Nicolopoulos points out that a wrestler in training burns off 4500 calories in each practice and probably takes in only 2200-2500 calories a day, due to the necessity of making the proper weight classifications at each meet.

In addition to practice and drills, wrestling workouts include running several miles a day and weight-lifting to maintain the best possible balance of the strength an endurance needed to go three all-out rounds.

Cañada's first home meet will be December 4 against Chabot, with four other home appearances slated for the season.



Sil Vial churns to work

Photo by Phil Demosthenes

with superior programs and new ideas."

Although many of us know Sil Vial for his famous class "workouts", he is also known for his keen interest and outstanding success on the soccer field.

Mr. Vials first contact with soccer was at the age of thirteen where he played the sport in Europe on an Italian team. In keeping with his interest with this sport, he started a soccer team at Carlmont High School in 1963 and took the job of varsity soccer coach at College of San Mateo in 1964. In his four years at CSM, Vials teams compiled a won-loss record of 48-11-2. Cañada College will field a soccer team next year with Vial as head coach.

A further note of interest, especially in the eyes of Mr. and Mrs. Sil Vial, is the first addition to the Vial family on October 25th — a baby boy named "Conrad". To this the father says "He's a real COLT!"